

BLOOM IN STUDIO CLASSES

SEPTEMBER 2020

M

5:15am
Bloom Bootcamp
Sarah



10am
Barre Bootcamp
Josi



5pm
Sm Group Training*
Josi



5pm
Bloom STRONG
Deana

6pm
HIGH Fitness
Corell

7pm
Yoga Flow
Kara



effective 9/14

T

5:15am
Small Group Training*
Kaycee

9am
HIGH Fitness
Karalee



10am
Yoga Flow
Josi

5pm
RESIST xP
Sarah

5:30pm
Dance Party
Deana

5:30pm
Bloom Cycle
Corell

7:15pm
Yoga Flow
Kara

effective until 9/8

W

5:30am
HIGH Fitness
Mackenzie

9am
Bloom Body Bar
Deana

5:30pm
Bloom Cycle
Nancy

6pm
Barefoot Bootcamp
Josi



T

5:30am
Bloom Cycle
Corell

10am
HIGH Fitness
Karalee



5pm
DRENCHED
Kaycee



6pm
Primal Flow
Kaycee

F

5:15am
TABATA
Sarah



8am
Bloom Cycle
Corell

9am
Cardio Dance
Deana

S

TBA
Saturday Sampler
watch for details



9am
HIGH Fitness
Corell Mack

10am
Bloom Cycle
Nancy

S

9am
Bloom Bootcamp
JB

10am
Empower Hour
Kaycee

3pm
UPbeat Cycle
Nancy

ALL IN STUDIO CLASSES - SPACE LIMITED RESERVATION REQUIRED

*LIMIT 8 - BLOOM ALL IN/ BF2 MEMBERS ONLY

CHILDCARE - SEE MINDBODY FOR AVAILABILITY

CHILDCARE SPACE LIMITED RESERVATION REQUIRED



CLASS AVAILABLE LIVE